

COMMUNITY

What are No-Prep Porcelain Veneers?

You've probably heard of porcelain dental veneers, or maybe even considered getting them to rejuvenate your smile. Porcelain veneers are an excellent solution for disguising chipped, discolored, cracked, or broken teeth.



Dentally Speaking

by Jeffrey S. Haddad D.D.S.

the risk of altering a patient's tooth structure. Research shows that no-prep veneers are a great option for patients who have generally healthy teeth and want to minimize adjusting them.

Are you a Candidate for No-Prep Porcelain Veneers?

Porcelain Veneers?

The first step in this process is a new patient consultation. An advanced cosmetic dental office will discuss your smile goals with you, hear all of your objectives, and see if no-prep veneers are a good option for you. A full set of photos are made of your teeth and smile, and digital measurements of your bite forces are recorded. If you have relatively straight teeth that you want to lengthen or improve the color and appearance of, no-prep veneers may be an excellent option for you. If your teeth are significantly crowded, or you are looking for bigger changes to the shape and size of your teeth, than porcelain veneers are probably a better solution to give you your dream smile. Even with traditional porcelain veneers, we are meticulous in the planning of your cosmetic case and only minimal alterations are made to your teeth. Extensive grinding of your teeth is not necessary with our advanced technology and experience. Therefore, discussing your goals and evaluating your smile is essential to determine what type of veneers is the right solution for you.

Pros and Cons of No-Prep Porcelain Veneers

Pros

- **No anesthesia.** This procedure doesn't involve anesthesia unless you are extremely sensitive.
- **Minimal to no modification of your tooth structure.** More conservative and efficient process.
- **Long-Lasting.** No-prep veneers have an extremely long-life expectancy just like traditional porcelain veneers. With proper hygiene, maintenance, and care, both types of veneers can last over 15-20 years or longer.

Cons

- **Not for everyone.** If your teeth have significant damage, you may not be a candidate for no-prep veneers and traditional porcelain veneers are a better option for you.
- **Limitations to color changes.** Since no reductions are made to the teeth, no-prep veneers are extremely thin and may limit the results in color.
- **Not offered by all dentists.** Since this process requires a great deal of skill and expertise, only advanced cosmetic dentists offer no-prep veneers.

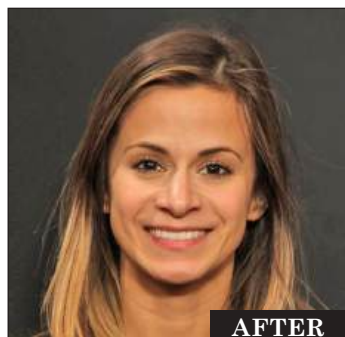
No-prep porcelain veneers may be beneficial if you have minor dental imperfections and are in search of an efficient and conservative approach to improving the appearance of your smile. If you are interested in finding out if you are a candidate for no-prep veneers, consider having a consultation with an advanced dental office who offers this procedure.

If you are not a candidate, your advanced dentist may recommend traditional porcelain veneers, which will change the tooth structure and provide a more dramatic transformation. Regardless, if you are unconfident with smiling and want to enhance the appearance and health of your teeth, porcelain veneers could be the answer you are looking for.

Jeffrey S. Haddad, DDS of Rochester Advanced Dentistry, completed his dental education at the University of Michigan in 2001. Dr. Haddad is a fellow of the prestigious Las Vegas Institute for Advanced Dental Studies. He lectures nationally on cosmetic dentistry, TMJ and sleep disorders and dental implants. For more information, visit www.rochesteradvanceddentistry.com.

What are No-Prep Porcelain Veneers?

"No-prep veneers" are made of the same type of porcelain as traditional veneers, however they require no alteration, or minimal changes, to the existing tooth structure. Unlike traditional porcelain veneers, no-prep veneers do not involve extensive preparation or require the natural teeth to be reshaped. We can achieve stunning, natural-looking results without



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