

How can advanced dentistry improve your lifestyle? Part 2

In my last article, we discussed how advanced dentistry can positively impact your lifestyle. In a world where confidence is the key to unlocking personal success, there's something that can play a pivotal role – your smile. The undeniable connection between self-esteem and an attractive smile goes well beyond the surface. As we mature, our teeth pick up stains, get worn down prematurely from nighttime grinding or daytime clenching, and our dental work starts to fail. This can all take its toll on a smile leaving people feeling unhealthy, less attractive, and less confident in themselves. The same can also be said for all ages and for any reason that causes someone to dislike their smile. There is always a solution!

The profound impact of a smile makeover on your self-esteem cannot be overstated. It's not just about the physical transformation; it's about how that transformation seeps into every aspect of your life. A confident smile can bolster your self-assurance.



Dentally Speaking

by Jeffrey S. Haddad D.D.S.

aligning teeth properly, not only will you have a confident smile, but you will also improve health and function.

A smile makeover isn't merely about changing how you look; it's about unlocking your true potential. When you're confident in your smile, you exude positivity, which in turn influences your interactions, relationships, and even professional opportunities.

We recently had a patient who said her new smile was the reason she was able to reenter the workplace. Carol had renewed confidence with her beautiful new smile. It can be a transformation that goes beyond aesthetics.

So, what truly is a "smile makeover?" A properly trained cosmetic dentist can utilize porcelain to transform chipped, misaligned, missing, or discolored teeth into a beautiful smile in as few as two visits. However, a smile makeover shouldn't just be a procedure; it should be a personalized journey. Everyone's smile is different, and many things are taken into consideration when designing your teeth, including gender, face shape and size, and even your complexion. A patient's results should be tailored to their exact needs. This comprehensive approach not only addresses dental problems but also renews self-esteem. It's a transformation that empowers people to face the world with newfound confidence.



BEFORE

AFTER

making you more assertive in the workplace or school and more outgoing in social situations. Misaligned, broken-down and or missing teeth can adversely affect proper function as well. By restoring ideal anatomy and By

restoring ideal anatomy and By

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Dr. Haddad *Continued from page 18*

That may sound like a LOT of dental work, and many patients are hesitant or even fearful of the dentist. However, cosmetic dentistry performed by an advanced dental team takes even the most fearful patient into

consideration. The experience of a smile makeover needs to be as positive as the results. Complete comfort should always be the priority with these procedures. The process is efficient, minimizes visits and chair time, and always puts patient comfort first. We encourage our patients to consider all amenities with any advanced dentistry including light sedation, headphones, massage chairs, or even personal comfort items. Dentistry has evolved and patients should benefit from the many advances that it now provides.

The confidence that comes with a flawless smile is unparalleled. When you are confident, you can relax, trust in yourself, and perform at your best. When a person is self-conscious

about smiling or the way their teeth look, they often cannot perform at their best in social settings or even in everyday life. With the advanced technology available in cosmetic dentistry, anyone can have that healthy, functional and confident smile they deserve.

Jeffrey S. Haddad, DDS of Rochester Advanced Dentistry, completed his dental education at the University of Michigan in 2001. Dr. Haddad is a fellow of the prestigious Las Vegas Institute for Advanced Dental Studies. He lectures nationally on cosmetic dentistry, TMJ and sleep disorders and dental implants. For more information, visit www.rochesteradvanceddentistry.com.

Diane Young *Continued from page 16*

And if you are lucky enough to get a significant raise or a large lump sum of money, take some time to reflect on how best to use it to truly make your life better, what would truly reduce your stress and what would increase time with your loved ones.

Diane Young is a managing partner at Arrowroot Family Office, a financial planning firm located at 725 Barclay Circle, Suite 215, Rochester Hills. Contact her at 248-453-5252 or email diane@arrowrootfamilyoffice.com

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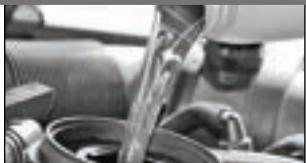
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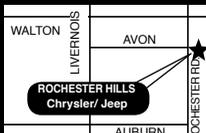
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