



Is it vertigo...or a TMJ disorder? Advanced dentistry expert finds similar symptoms can lead to misdiagnosis; offers dental treatment options to minimize or eliminate dizziness

Plus: how is Meniere's disease similar?

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Rochester, Mich. ---July 18, 2022 --- New Detroit Tigers recruit Austin Meadows's recent bout with [vertigo, caused by an inner ear infection](#) has put the dizzying diagnosis in the vernacular again. But some people experiencing vertigo may actually have a Temporomandibular Joint Disorder, more commonly referred to as TMD or TMJ, according to Jeff Haddad, DDS, owner of Rochester Advanced Dentistry in Rochester, Michigan. Dr. Haddad has successfully treated patients who suffered from vertigo and accompanying headaches and jaw pain by using a neuromuscular dentistry approach.

Through computer analysis and muscle relaxation, Haddad can diagnose and treat the symptoms of TMD, which often involves fitting patients with a neuromuscular appliance to properly align their jaws.

“This proper alignment leads to the relief of stress on the socket of the temporomandibular joint, which in turn allows the nerves and muscles—which are extremely close to the ear—to function normally – often taking away or significantly minimizing the vertigo as well,” Haddad said.

Another condition that causes vertigo and a myriad of other symptoms, including ringing in the ear and fluctuating hearing loss and ear pressure, is Meniere's disease, a common inner ear disorder affecting more than 615,000 people in the United States. While there is no cure for Meniere's disease, Haddad has helped ease its symptoms by using a TMJ dental evaluation and treatment approach that was published in a [Dentistry Today guest article](#).

“Because there is a connection between the two conditions, Meniere's symptoms may be better managed if a patient who has underlying TMD is first treated through neuromuscular dentistry options,” Haddad said.

Among the patients Dr. Haddad has treated with Meniere's disease is his own father, who was diagnosed in 2016. His vertigo was eliminated and ringing in the ear greatly reduced following treatment with a neuromuscular appliance.

“Overwhelming evidence has shown that seeking treatment for coexisting conditions could be the answer Meniere's patients are looking for to get relief,” Haddad said. “Information is power. Being evaluated by a dentist trained in neuromuscular dentistry may be exactly what those afflicted with the disease – or vertigo - need to do to reduce their symptoms and improve their quality of life.”

About Rochester Advanced Dentistry

Founded in 1990 and led by dental innovator Jeffrey Haddad, DDS, Rochester Advanced Dentistry delivers the latest advances in dentistry to their patients. The practice, one of the largest private practices in Oakland County, also includes dentists Kurt Doolin, Nina Daws, and Matthew Wolfe. The full-service practice specializes in complex restorative and cosmetic dentistry and treatment of TMJ disorders and sleep apnea, in addition to other advanced dentistry services. To learn more, visit [the Rochester Advanced Dentistry website.](#)

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