



Cracked teeth are often painless – but their impact isn't
Without routine dental cleanings, your teeth may need more crowns than the Royal Family

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Rochester, Mich.— July 27, 2022— Studies have shown that about two-thirds of people have a cracked tooth (most of whom are completely unaware of it). A cracked tooth is the third most common cause of tooth loss after gum disease and tooth decay. Owner of Rochester Advanced Dentistry, Jeff Haddad, DDS, reminds people of the importance of routine cleanings to help identify cracked teeth before it's too late.

“The biggest issue is that most people assume that a cracked tooth would hurt to chew on, be temperature sensitive, or at least have some painful symptoms associated with it, but this isn't always the case,” Haddad noted. “Cracked teeth are more common than most people realize, and most of these teeth present no symptoms until it is too late.”

There's good news, though. Restorative dentistry offers many treatment options that can stop cracks in teeth.

“If a tooth has a severe crack in it, we recommend a porcelain restoration called a crown,” Haddad shared. “Older style gold crowns or porcelain with metal underneath were necessary in the past for strength, but with advanced training and dentistry in modern offices, porcelain crowns now have the strength, longevity, and natural aesthetics of actual teeth.”

With the advances of computerized CAD/CAM dentistry, called CEREC, porcelain restorations can be provided in just one visit, compared to a lengthier process in the past where at least two visits were required, plus a temporary crown.

Haddad further explains that the restorations adhesively bond the remaining tooth structure together and reinforce the tooth. The crowns can last anywhere between 5-20 years depending on a patient's oral hygiene and regularity with their dentist. Of course, if a patient doesn't take proper care of their teeth, decay can form around the crown, necessitating a new crown, or if the patient is a severe clencher or grinder, the crowns can prematurely fracture.

“Having a crown, or several crowns placed by your dentist is very routine,” Haddad said. “Patients experience little or no downtime, so there's no reason to delay this important aspect of dental care.”

About Rochester Advanced Dentistry

Founded in 1990 and now led by dental innovator Jeffrey Haddad, DDS, Rochester Advanced Dentistry delivers the latest advances in dentistry to their patients. The practice, one of the largest private practices in Oakland County, also includes dentists Kurt Doolin, Nina Daws, and Matthew Wolfe. The full-service practice specializes in complex restorative and cosmetic dentistry and treatment of TMJ disorders and sleep apnea, in addition to other advanced dentistry services. To learn more, visit [the Rochester Advanced Dentistry website](#).

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