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Building Confidence,
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Can I have Dental Implants on the same day?

Dental implants are the best tooth replacement option available. They look like natural teeth. They work just like natural teeth. And you can care for them like natural teeth.

But there's one thing about dental implants that people haven't liked in the past. It used to be that dentists would take months placing crowns and bridges on dental implants. That meant that you had to wait a long time before you got to enjoy the beauty of dental implants.

However, with 3D Cone Beam technology, digital planning, and the latest innovative techniques, you can now you can get teeth on the same day. This means having your dental implants placed in your jaw and getting crowns on the same day. Sound too good to be true? This predictable and progressive approach had been utilized in our office and others with such success that it has become the preferred method for giving people back their confident smile and ability to eat whatever they want.

Here is why this might be a much better way to do dental implants.

It is Very Successful

The old process for dental implants allowed time for dental implants to heal before the dental crown was placed. During this healing process, the bone grew around and attached to the dental implant, called osseointegration. We used to believe that this process happened best if the implant was protected from outside forces. That's why we didn't put a crown on the implant, and sometimes would even bury it under your gums. However, it turns out that in most cases the potential for



Dentally Speaking
 by Jeffrey S. Haddad D.D.S.

biting and chewing forces doing damage to an implant is balanced by the way these forces stimulate the body to speed bone growth. As a result, the survival rate of implants topped immediately with dental crowns is about 98%, essentially the same as for implants placed using

the older process. There are certain circumstances where this is not possible, however, the majority of patients are benefiting from this newer approach.

It Improves Your Quality of Life

Now a new study shows that this technique with dental implants isn't just equally successful, it could be more successful in terms of improving a person's quality of life. The study is small, but its results compelling.

This study looked at 24 patients who got dental implants. These patients, age 18-60, chose to either get their implants placed right away (8) or chose to have them placed using the longer method. Then researchers surveyed the patients to determine how getting an implant affected their quality of life.

They found that those who got dental crowns on their implants right away had a higher quality of life than those who waited. These patients were able to return to functioning properly and have their confidence renewed with their tooth or teeth replaced in this efficient fashion. The biggest impact was seen for dental implants located in the front part of the mouth, where a missing tooth is highly visible. In addition, John Hopkins states that on the list of top 10 things you can

Continued on page 19

COLUMN

Dr. Haddad, *Continued from page 18*

do to be healthier: #4 is if you wear dentures, you need to get dental implants. Stabilizing or replacing a denture takes a person from 10% of functioning ability to 90%! This allows patients to eat what they want to eat, not only things they can eat.

Most People Are Candidates

Another benefit of this approach to dental implants is that most people can take advantage of it. People who are good candidates for dental implants will likely be able to enjoy this immediate placement of dental restorations on top of their implants.

There is a slight caveat: we won't know for sure that you'll be a candidate until after we place the dental implant. We have to make sure that the implant is actually as stable as necessary before placing a crown or bridge on top of it.

Thanks to advanced imaging technology like 3D CT scans and computerized planning, we can minimize the uncertainty around your dental implants, but we can't eliminate it completely. We can say, though, that most people can enjoy the benefits of dental implants immediately. If you have been told in the past that you were not a good candidate for dental implants, it may be time for

you to revisit this option. With the latest technology, and advanced techniques, you may now be able to have the function and cosmetic benefit of dental implants and get back to the quality of life you deserve.

Jeffrey S. Haddad, DDS of Doolin & Haddad Advanced Dentistry, completed his dental education at the University of Michigan in 2001. Dr. Haddad is a fellow of the prestigious Las Vegas Institute for Advanced Dental

Studies. He lectures nationally on cosmetic dentistry, TMJ and sleep disorders and dental implants. For more information, visit www.rochesteradvanceddentistry.com.

COMMUNITY

RAHS publishes new heritage tour book

With a grant from the Community Foundation of Greater Rochester, the Rochester-Avon Historical Society recently published a new book titled "History in the Heart of the Hills: A Rochester Area Heritage Tour." This historical tour guide introduces the reader to the heritage sites of Rochester and Rochester Hills that have withstood the test of time and continue to poke through the fabric of the local landscape. Included are commercial, residential, industrial, and ecclesiastical buildings, along with the monuments and memorials that mark the community's history. The guidebook is fully illustrated with a mixture of contemporary and vintage images and presents historical and architectural details in each entry.

"The society wishes to thank the Community Foundation of Greater Rochester for their support and financial assistance in helping us publish this new history tour book," said Tiffany Dziurman, president of the Rochester-Avon Historical Society.

"We are grateful

to have completed this project during a historic global crisis and to provide something new for our members and community to enjoy."

The book highlights historic structures and sites from the early days of the nineteenth century through the post-World War II era with current and historical photos and descriptions. Some of the sites remain. Many of the sites, however, are now gone. Prepared by the society's Walking Tour Committee, "History in the Heart of the Hills" can be used with the society's entries in TheClio.com, an online tool and mobile app for local history exploration.

"We hope this new publication will continue to educate our growing community about its past," said Dziurman, "and delight residents and visitors with knowledge about what existed before in the places they visit and see daily."

The book is available for sale on the society's website, rochesteravonhistorical.org/store/ for \$10 plus \$3 for shipping and handling.



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