



**Rochester
Regional
Chamber
of Commerce**

NOMINATIONS FOR THE 68TH ANNUAL ROCHESTER AREA HOMETOWN CHRISTMAS PARADE GRAND MARSHAL

The Rochester Area Christmas Parade Committee is excited to announce that we are now taking nominations for the 2019 Rochester Area Hometown Christmas Parade Grand Marshals. Nominees should be an individual, or a couple, who stands out for their generous gift of time and commitment to making a positive impact on the community. Previous Grand Marshals, such as Roy Rewold, Bill Fox, John and Mary Modetz, and Russ and Kathy Shelton, were chosen for their community leadership and dedication. Those interested in nominating the parade Grand Marshal should complete the nomination form along with three paragraphs, detailing the nominee's community involvement and their contributions to the greater Rochester community.

The Grand Marshal plays an integral part in the annual Christmas parade by leading the parade procession down Main Street. They will be honored on Thursday, December 5, 2019 that the Grand Marshal Gala at Great Oaks Country Club the official kick off to the parade weekend.

The Rochester Area Hometown Christmas Parade Committee will choose the Grand Marshal, which will be announced early fall of 2019. Nominees must be a resident of Rochester, Rochester Hills or Oakland Township.

The 2019 Rochester Area Hometown Christmas Parade, presented by Chief Financial Credit Union and Rochester University, will take place on Sunday, December 8, 2019.

Nominations for the Grand Marshal for the Rochester Area Hometown Christmas Parade are due by Monday, July 8. Applications are available on rrc-mi.com and should be returned to the Rochester Regional Chamber of Commerce at 71 Walnut St. Suite 110, Rochester, MI 48307 or by email to info@rrc-mi.com.

For more information, please call the chamber office at 248-651-6700.

The Rochester Regional Chamber (RRC) Foundation is a 501(c) (3) organization established to provide resources in order to advance leadership and workforce development, conduct educational programming and promote community involvement.

UPCOMING EVENTS:

- 6-21 Coffee Talk..... 8:30 am - 10:00 am**
Rochester Community House 816 Ludlow Ave., Rochester 48307
Sponsored by First State Bank
- 6-24 Member Orientation 101 AM 8:45 am - 10:00 am**
Chamber Office 71 Walnut, Suite 110 Rochester 48307
Sponsored by Erika Sklar, Crawford Insurance Group
- 6-24 Member Orientation 101 PM..... 2:45 pm - 4:00 pm**
Chamber Office 71 Walnut, Suite 110 Rochester 48307
Sponsored Chief Financial Credit Union



**New to the
area? Stop at the
Chamber office
to pick up your
welcome bag!**

Our Address:
71 Walnut, Suite 110
Rochester, MI 48307

FREE WELCOME BAG

Phone: (248) 651-6700
Email: info@rrc-mi.com

Visit our website: www.rrc-mi.com

Crooked Teeth: How are they Affecting your health?

Everyone knows that straighter teeth can give you a beautiful smile. However, very few people know that straighter teeth can affect your overall health. Crooked teeth or a bad bite, also known as malocclusion, affects 74% of American adults. Left untreated, misaligned teeth can lead to periodontal (gum) disease and create abnormal amounts of stress on the teeth and jaws which can lead to premature wear. The affects of crooked teeth can worsen over time and may adversely affect your overall health.

Common Types of Teeth Misalignment:

- Crowding
- Spacing
- Deep Bites
- Open Bites
- Crossbites
- Edge-to-Edge Bites
- Excessively Flared Teeth

Crooked teeth can affect your bite creating unnatural stress or pressure on certain teeth in your mouth leading to premature wear. These teeth that are subject to this excessive pressure will prematurely chip and flatten potentially causing fractures. In addition, notches (called abfractions) can form along your gumline due to this abnormal "torque" on your teeth. Many people have been told that this is from brushing their teeth too hard, but this is an old dental myth that has been disproven for years. Additionally, a bad bite can produce improper forces on the jaw joint leading to jaw pain, TMJ disorders, ear aches, vertigo, and headaches.

Signs of Abnormal Stress from Untreated Crooked Teeth:

- Chipping
- Worn Down or Flattened front teeth
- Fracture lines or fractured edges of teeth
- Notches along gumline (abfractions)
- TMJ problems
- Jaw Pain
- Headaches
- Ear Aches

Crooked teeth can affect your periodontal health significantly because it is difficult to remove plaque



**Dentally
Speaking
by Jeffrey S.
Haddad D.D.S.**

and bacteria from the crowded areas. Bacteria that is not properly removed can multiply and trigger periodontal disease which begins as gum inflammation, redness, and bleeding while brushing and flossing. **Healthy gums do NOT bleed!** Therefore, not only are your teeth being prematurely

worn down, but the bone support around your teeth can be affected leading to periodontal problems, loose teeth, and in some cases, tooth loss.

Signs of Gum Problems from Untreated Crooked Teeth:

- Bad Breath
- Gum Recession
- Gum Inflammation
- Redness
- Bleeding
- Periodontal (gum) disease
- Loose Teeth
- Tooth Loss

Crooked teeth that are not addressed can trap bacteria that damages gum tissue cells and spread throughout your body. The same types of plaque that accumulate in your mouth will travel to the rest of your body increasing your chances for many other serious systemic diseases and conditions.

People with crooked teeth can be at a higher risk for gum disease which is associated with a higher incidence of the following health conditions:

- Heart Disease
- Strokes
- Diabetes
- Weakened Immune System

So how can you address your teeth if you have any of these mentioned misalignments? In today's world of dentistry there are many options. The obvious treatment that most people are familiar with is traditional braces. However, even this technology has drastically improved so that the process is faster and more efficient than ever before. For some adults that are unwilling to wear braces, they may be candidates for invisible retainer appliances such as Invisalign and Bioliners that allow teeth be moved without having braces at all. In fact, we are even



using removeable appliances that only need to be worn in the evening and nighttime called Inman Aligners, that can move teeth in as little as 3-5 months in some cases. For those adults that this is still not fast enough, or do not want to be compliant with any type of appliance, porcelain veneers can correct your misaligned teeth in as little as two weeks!

Treatment Options for Correcting Misaligned Teeth:

- Traditional Braces
- Invisalign
- Growth Appliances
- Inman Aligners
- Porcelain Veneers

Teeth that fit together correctly last longer and are less likely to need costly dentistry in the future. In addition, straighter teeth make you look and feel healthier. With the advancements in dental technology we are able to give our patients straighter, healthier teeth in a variety of ways. Considering the short amount of time needed to correct certain situations, maybe this is something you should investigate to see what the best option for you is.

Jeffrey S. Haddad, DDS of Doolin & Haddad Advanced Dentistry, completed his dental education at the University of Michigan in 2001. Dr. Haddad is a fellow of the prestigious Las Vegas Institute for Advanced Dental Studies.

He lectures nationally on cosmetic dentistry, TMJ and sleep disorders and dental implants. For more information, visit www.rochesteradvanced-dentistry.com.